

**21) Donate your trade.** With our old building we can always use a plumber, electrician, fence repairer, paver, locksmith, construction worker, painter, etc.

**22) Donate your gently used baby clothing.** Newborn to 2 yrs.

**23) Donate diapers.** All sizes needed all day everyday need!

**24) Donate things babies need.** Baby wipes, baby shampoo, bathtubs, baby liners including towels, receiving blankets, burping pads, etc.

**25) Drop off a car seat, stroller, breast pump, soothers, etc.** Can't drop off? Call us to arrange pick up.

**26) Do you like cleaning toys and folding baby clothes?** Are you organized? Our office needs you!

**27) Make a donation this year. And challenge a friend to match your donation.**

**28) Help us with our September 2019 WALK for Aid to Women.**

**29) Make an online donation.**  
[www.aidtowomen.ca/support-us](http://www.aidtowomen.ca/support-us)

**30) Join us for a Paint Nite.**

## Aid To Women

### Who we are...

Aid to Women has been serving pregnant women and their babies in the Greater Toronto Area and beyond since 1984. We are committed to helping women to make healthy, life-affirming decisions for themselves and their baby. All of our services are free and confidential.

### Our Mission:

Aid to Women reaches out to women who are facing an unplanned pregnancy and offers real solutions and caring support. We have helped thousands of women. We're committed to providing women with the information and support they need to make a decision to choose life over abortion for their unborn child.

### Our Services:

- Completely confidential assistance
- Friendly, non judgemental emotional support
- Information on prenatal development, pregnancy and childbirth
- Honest information about abortion & abortion alternatives
- Free pregnancy tests
- Baby clothes, diapers and more
- Medical referrals
- Post-abortion referrals

**AID TO WOMEN**  
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[www.aidtowomen.ca](http://www.aidtowomen.ca)  
[info@aidtowomen.ca](mailto:info@aidtowomen.ca)

the  
**30**  
things

you can do **TODAY**

to  
**Make**  
— a —  
**Difference**

**AID TO**  
**women** We Care  
We'll Be There

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*It's important to remember that in order to make the ultimate commitment to support each client in their decision to NOT abort their baby, it needs more than our words. It needs our investment and action. If you believe that every baby deserves the right to be born, you can help us save these precious lives easily. Here are 30 things you can start doing:*

**1) Host a Baby Shower**

The majority of our clients do not have anyone to be excited about their choice to give birth. There are no baby showers or gifts given in celebration. Gather your friends and have a little party. Give like you care! Call our office for the plan!

**2) Donate items to our Feb. Online Auction, "Baby It's Cold Outside".**

In this day and age, who wants to go out to another fundraiser on a cold winter's night? Stay home and bid on amazing items while supporting our clients!

**3) Ask your club or group to make a donation to ATW this year.**

e.g CWL, Knights of Columbus, Coffee Club, Bridge Club, Couples for Christ, 4-H Club, Neighbours Association, Bible Study Group, etc.

**4) Ask your school to host a special dress down day in support of ATW.**

**5) Volunteer in our office.**

**6) Volunteer at one of our events.**

**7) Join a subcommittee of the Board.**

**8) Ask your parish to host a Baby Bottles For Life (BB4L) drive.**

**9) Pray and then pray some more.**

**10) Follow us and like us on social media. Twitter, Facebook, Instagram.**

**11) Join our closed group on Facebook.** (@Aid To Women - Toronto)

**12) Suggest something that brings out your best skill set to help ATW.**

**13) Buy a ticket for our upcoming spring Gala.**

**14) Be a sponsor of the Gala by purchasing a table.**

**15) If you find someone considering an abortion suggest they talk to us first.**

**16) For 30 years, consider becoming a consistent donor of \$30 monthly.**

**17) Sign up for our e-newsletter.** Email us at: [info@aidtowomen.ca](mailto:info@aidtowomen.ca)

**18) Host one of our monthly prayer services.**

We have seen first hand the difference prayer makes. We pray for the end of abortion, the staff at the abortion clinic beside ATW, our clients facing a crisis pregnancy, the unborn and young families.

**19) Consider leaving a legacy investment. Remember us in your will.**

**20) Workplace charitable deductions:** Request that ATW be the recipient of your donation.